



LENTEN MESSAGE BY OUR PARISH PRIEST:

Dear Parishioners,

Lenten season is moment of grace for all of us to make a pilgrimage into our interior life, where we encounter the Lord and open our hearts to His transforming love. In the forty days of journey, the Church provides us the necessary weapons in order for us to overcome temptations; i.e. fasting- how we will die to our selfish desires, prayer- how we will strengthen our communion with God, and almsgiving- how we will express our greater love for our neighbor. Jesus comes to our rescue to set us free from the powers of the devil. He faced the devil directly and combats him. He disarmed him of his weapons using the Word of God. Quoting the Scriptures, Jesus shows us that the truth revealed in the Word of God is more powerful than the snares of the devil. We cannot defeat the devil with our strength but with the power of God. Following Jesus we can be victorious over all our temptations with faith that we belong to Christ and He is at our side to defend our cause. We don't live by the bread alone but by every word that comes from the mouth of God. Let us give ourselves, a time to reflect and meditate on the Word of God and convert to the Lord with great sincerity so that God will give the grace and courage to change our interior life to bear eternal life.

GOD BLESS YOU ALL

I REMAIN,



Fr. Uldarico C. Camus, OFM CAP
Parish Priest

Exciting Cricket Tournament in the offing this April 2014.

Cultural & Sports Committee rolls out the turf!

With the recently concluded successful 'Treasure Hunt' organized by the Cultural & Sports Entertainment Committee (C&S) of Sacred Heart church, parishioners are in for some more treat!

Come 4th April 2014 the C&S committee is all set to conduct a 'SIX-A-SIDE' cricket championship tournament. The venue will be the Sacred Heart School grounds. The committee, have been putting a lot of efforts in planning this first of its kind event as part of its main motto – to provide healthy, exciting and unique entertaining events to all parishioners with a message 'Unity in diversity with a spirit of brotherhood.'

"This cricket event will imbibe true family values and promises to be the talk of the town and we have lined up an exciting competition," said Leo Joseph, team member & coordinator for the cricket tournament from the C & S Committee.

The details and contact numbers for this tournament have been posted on the SHC website as well as on FB and the S&C committee welcomes participation from parishioners.

"We have already been receiving a good amount of feedback for this cricket tournament from parishioners and it is set to be a most exhilarating experience," quoted Peter antao, team member of the C&S committee.

"Families forming a TEAM and playing CRICKET in its true sense of brotherhood and unity just defines the values and precepts that our mother church teaches," added Michelle D'souza, one of the main organizers and team member from the C&S committee of the super-duper Treasure Hunt that was held last month. "The response was awesome and with a record, 17 entries on the first count itself shows how popular this event has been with more requests from parishioners to have it on a larger scale," she added.

The C&S committee (formed as part of the SHC parish Diamond Jubilee Celebrations) takes pride in announcing that there is a lot in store for parishioners in the form of events and exciting entertainment programs that are lined up for the next 2 – 3 months. We promise good stuff to cater to the families and we will deliver! All that we want is ample support to keep us moving ahead in the form of participation and above all leads to get 'supporters' for the events. All said and done every contribution towards all our events will go in a long way towards our support for the Jubilee Celebrations.

The 'Six-A-Side' cricket tournament held under the banner of the S&C committee is all set to become a crowd-puller and we are anticipating excellent feedback and support from all parishioners," added Ashwin Pinto, team member of the C&S committee.

So, dear parishioners - Come One! Come All!

Thank you

Contact e-mail (C&S Committee): cnscom@live.co.uk

SIX-A-SIDE Cricket Tournament

Chithalka Ambrose: Mobile – 36581132

Leo Joseph: Mobile -39207951

Catechism Ministry updates – March 2014

The Catechism ministry bid farewell to Sis. Josephine who was leaving Bahrain . During the farewell, she was presented with a Plaque, a Certificate, and a beautiful poem composed by Sis. Aldita. She thanked Rev.Fr .Andrew, Sr. Rose Celine, and all the catechists for their help and support during her tenure at the SHC. Sis Josephine was a senior catechist who served the SHC for more than 7 years. We wish her all the very best and pray that she continues the Lord's work in Ras Al Khaima, where she is moving to.



The children of std VIII, had their recollection on the 13th & 20th April, in preparation for receiving the sacrament of confirmation. Students of std IV too had their recollection done on the 21st March in preparation for receiving the sacrament of The Holy Eucharist. A special preparatory course was conducted for the adult candidates for receiving the sacrament of Confirmation. May God bless all our catechists and their families, who volunteered to help out with these activities.

Lent In Action

M+L

Prayer

- daily prayer
- Stations of the Cross
- Eucharistic Adoration
- Penance
- Reconciliation


3 Pillars of Lent

Almsgiving = pity

- give to the poor
- thanks to God

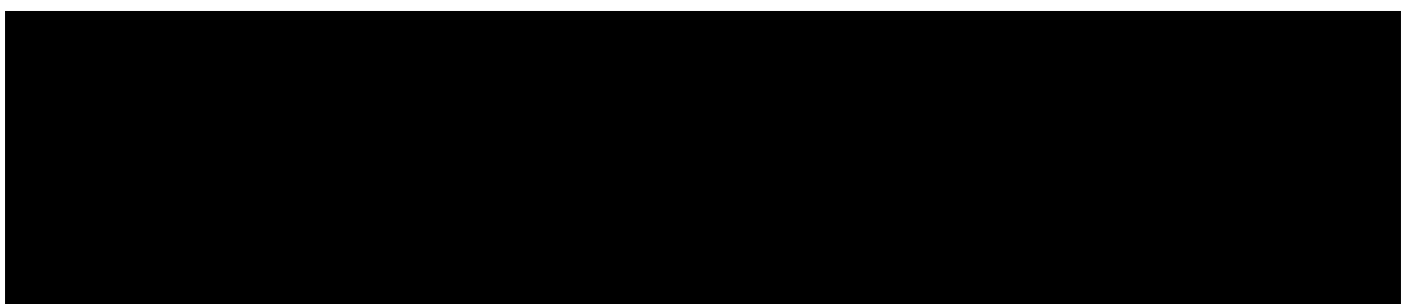
Fasting

- no meat on Fridays
- give stuff up ✓
- self-control
- gift from God



That your alms may be in secret: and your Father which sees in secret himself shall reward you openly.

—Matthew 6:4



Saint of the Month

St. Joseph



Feast day: March 19

Patron of the Universal Church

Everything we know about the husband of Mary and the foster father of Jesus comes from Scripture. We know he was a carpenter, a working man, for the skeptical Nazarenes ask about Jesus, “Is this not the carpenter’s son?” (Matthew 13:55). He wasn’t rich for when he took Jesus to the Temple to be circumcised and Mary to be purified he offered the sacrifice of two turtledoves or a pair of pigeons, allowed only for those who could not afford a lamb (Luke 2:24).

Despite his humble work and means, Joseph came from a royal lineage. Indeed the angel who first tells Joseph about Jesus greets him as “son of David,” a royal title used also for Jesus.

We know Joseph was man of faith, obedient to whatever God asked of him without knowing the outcome. When the angel came to Joseph in a dream and told him the truth about the child Mary was carrying, Joseph immediately and without question or concern for gossip, took Mary as his wife. When the angel came again to tell him that his family was in danger, he immediately left everything he owned, all his family and

friends, and fled to a strange country with his young wife and the baby. He waited in Egypt without question until the angel told him it was safe to go back (Matthew 2:13-23).

We know Joseph loved Jesus. His one concern was for the safety of this child entrusted to him. Not only did he leave his home to protect Jesus, but upon his return settled in the obscure town of Nazareth out of fear for his life. When Jesus stayed in the Temple we are told Joseph (along with Mary) searched with great anxiety for three days for him (Luke 2:48). We also know that Joseph treated Jesus as his own son for over and over the people of Nazareth say of Jesus, “Is this not the son of Joseph?” (Luke 4:22)

We know Joseph respected God. He followed God’s commands in handling the situation with Mary and going to Jerusalem to have Jesus circumcised and Mary purified after Jesus’ birth. We are told that he took his family to Jerusalem every year for Passover, something that could not have been easy for a working man. Joseph is also patron of the universal Church, fathers, carpenters, and social justice.

We celebrate two feast days for Joseph: March 19 for Joseph the Husband of Mary and May 1 for Joseph the Worker.

There is much we wish we could know about Joseph. But Scripture has left us with the most important knowledge: who he was -- “a righteous man” (Matthew 1:18).

Prayer: Saint Joseph, patron of the universal Church, watch over the Church as carefully as you watched over Jesus, help protect it and guide it as you did with Jesus. Amen