

Living Faith, Bringing Hope, Showing Love



While 'travel' for most folks focuses on the "Who," "What," "Why," "When," and "Where" of a particular destination, there are many who are also incorporating the "HOW".. as in "HOW CAN I HELP"—into their travel plans.

This willingness to expand their horizons has brought a new light, outreach and participation in experiencing the priceless benefits of **''VOLUNTOURISM**''.

Giving Back is where travellers can connect with organizations all over the world to give back with their time, talent, and/or financial support – and truly enrich their life in the process.

"Do not wait for leaders; do it alone, person to person."-Mother Teresa

Wishing you all a Happy Vacation with your family and friends and don't forget to be a **blessing** to others.

"Be the change that you wish to see in the world "-M. Gandhi

-Fr. Gaspar Fernandes







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Dearest Friends,

At the very onset I would like to congratulate the Catechism Ministry for the initiative of bringing this newsletter to help us grow and appreciate our faith.

Once a young boy approached me with a riddle: Father what is the center of the heart? I gave him all sort of answers like blood, veins, arteries, tissues... to all these he said a big No. When I gave up and asked him for the answer, he replied: the center of the heart is the EAR (hEARt). When the little boy went away it made me ponder and reflect.

How true it is, the center of the heart is the ear. When each one of us is able to listen to each other with our Heart, we will listen to all that the other is speaking and much more even that which is not said aloud. When we are able to do this we are able to say that we listen with our heart. We will empathize with others and moreover be compassionate



Heart of Jesus, inflamed with love of us, inflame our hearts with love of Thee. – Pope Leo XIII, June 1893

too. The feast of the Sacred Heart of Jesus is this: He Listens to each one of us with His Heart burning of love. He gives His whole self to us when we call upon Him. The Great Heart that seeks us at all times. His love has no measure and we are not able to comprehend; as it is Divine Heart full of Love. Let us on this feast of the Sacred heart of Jesus pray that He makes our hearts like unto His.

Our hearts are a miniature of the Heart of Jesus and you and I are called to give this Heart to all we come in contact; thus making this world a better place.

Wonderful

news from

Happy feast § God bless Rev. Fr. Franco Pereira sdb

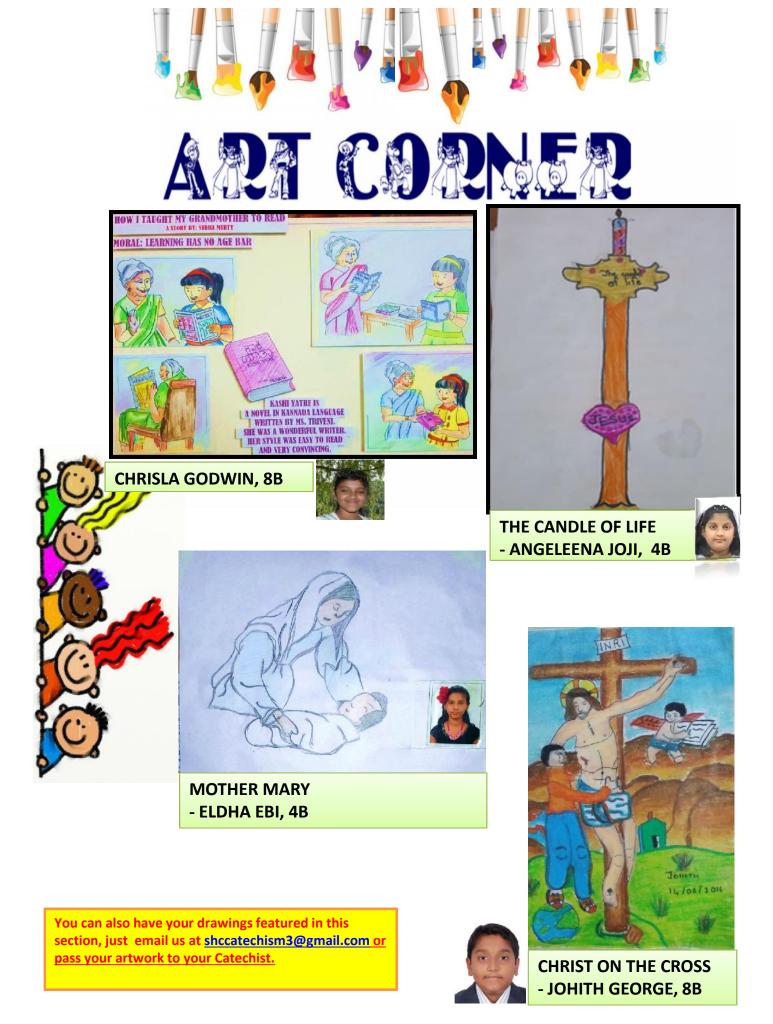
Mary, Jesus' Mother'





ORDINATION OF BR. ROBERT MENDOZA AS PRIEST & BR. ROGELIO REGNER AS DEACON BY HIS LORDSHIP BISHOP CAMILLO BALLIN AT THE 6PM MASS ON 13th JUNE 2017

The Shaikh Mohammad Bin Zayed Mosque in Abu Dhabi, was renamed 'Mariam, Umm Eisa' — Arabic for 'Mary, the mother of Jesus'. The change was ordered by His Highness Shaikh Mohammad Bin Zayed Al Nahyan, Abu Dhabi Crown Prince and Deputy Supreme Commander of the UAE Armed Forces, to "consolidate bonds of humanity between followers of different religions". Source: Gulf News (Website)





END OF THE YEAR CLASS PHOTOS



Photos continued on page 5 & 11









Recollection

A recollection was held on 11th and 18th of May 2017 to prepare the children receiving the Sacrament of Confirmation.

The main purpose of this recollection was to help the children realize the fact that God is ever present in our lives. If we want to feel his presence we have to keep ourselves away from all distractions.

Through a set of activities, short video clippings and talks by Rt. Rev. Francis Kalist (Bishop of Meerut) and Rev. Fr. Wellington Munoz, the children were able to understand that they need to Keep on being filled with the Holy Spirit ; it must be a continuous process.

The recollection was instrumental in helping the children realize the need to <u>*empty*</u> themselves so that we can <u>*Be*</u> <u>*Filled.*</u>

When we open our hearts and invite God into our whole being, miracles happen.



Sacrament of Confirmation Grace for Fullness of Faith and Life



This year 241 candidates were confirmed in faith, in a wonderful community celebration, on 26th May 2017, at the Sacred Heart Church, Manama. The main celebrant, the Apostolic Nuncio, His Grace Archbishop Francisco Montecillo Padilla administered the sacrament by laying-on of hands and anointing with chrism.

The sacrament of Confirmation is the bestowal of Pentecost into the soul of every baptized Christian, and it is the final sacrament of initiation into the Catholic Church.

So let us all carry out our mission: Go out into the world, and preach the gospel to the whole creation. Let us be witnesses of Christ assured of the fact that He will be with us till the end of time.

May the mighty infilling of the Holy Spirit, give our young adults a renewed vision to be wonderful examples of our faith, to their families, their neighbors and the community at large.





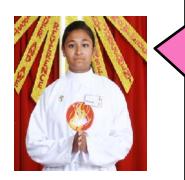
Testimonials by Confirmed Students



When I stood before our Nuncio, and he anointed me with the Chrism I felt really blessed. When he said "Peace be with you" and his right hand touched my left cheek ever so hard yet so gentle and tender, I was reminded of the appearance of Jesus to his disciples where he said the very same words. At that moment I felt the presence of JESUS right in front of me! - Clive Allen Lobo 88

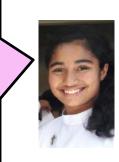
During the time of photography I and my friends were talking with each other. But when the procession began I started getting nervous. The Archbishop anointed with Chrism oil and said to me be filled with holy spirit. I felt the power of holy spirit flowing out from me. - *Albert Jose 8B*





When a coach sends a soccer player onto the playing field, he puts his hand on his shoulder and gives him final instructions. We can understand Confirmation in a similar way. A hand is placed upon us. We step out onto the field of life. Through the Holy Spirit we know what we have to do and we have been given the power to do it. His mission resounds in our ears. We sense His help. We will not betray His trust or disappoint Him; we will win the game for Him. In confirmation we are committed to our mission what God has entrusted to us. I am proud to confess that I remain committed to my faith and as a true disciple always to witness Christ in my life, which is God's gift to me, working for God. - Jubin Thomas 8C

26th May 2017 was a memorable day in my life; the day I received my 4th sacrament; the Sacrament of Confirmation. The formal preparation began on 13th November 2016 when Handing of Faith was held in our Parish. And then on with the help of my teachers I slowly began to learn more about Holy Spirit. I was enthusiastic throughout my journey of preparation. As I received confirmation I was incredibly happy. I felt like I received a great gift from God in the form of Holy Spirit. And great ability to practice Catholic faith in my life and to witness Christ in every situation .I received a special grace by which my faith is deepened and strengthened. I pray to the Almighty for all of us who received the Holy Spirit, may be sealed with the gift of the Holy Spirit and are strengthened to serve and continue the mission of our Lord Jesus Christ. *-Reya Jean Pinto 8D*





Activity Corner &

Something to cool down the scorching heat. So easy and great fun to make especially with friends at a home or a pool party (don't forget the sunscreen)

Coconut water hearts (Makes 6)

Source : BBC GoodFood



Prep time: 10 minutes + freezing

Ingredients: Strawberries as required and Coconut water - 100 ml Method:

1.Pick one or two strawberries that fit inside a heart or plain round small lolly mould, **5**. then hull and slice them into thin cross sections.

2. You can cut them into little heart shapes with a knife with the help of your parents.

3. Place one inside each mould and top up with coconut water - you won't need more than about 100ml.

4. Add your sticks and freeze until solid (at least 3 hours or overnight). Warm the moulds with your hands or under warm water to release the pops.

Answers to the May 2017 Quiz - The Sacred Heart Church, Bahrain

1. Built in the year - First foundation stone was laid on June 9th, 1939. The Church was formally blessed on March 3, 1940,

- 2. Built by His Excellency Giovanni Trinanzi, Apostolic Vicar of Arabia together with Fr. Anslem
- 3. Completed No. of years Will complete 78 years

4. Order and Current number of Priests – OFM Cap – 6, Diocesan – 1 (Fr Fredrick D'Souza, Fr Saji Thomas, Fr Gaspar Fernandes, Fr Peter Eugenio, Fr Charbel, Fr Amar, Fr. Wellington Munoz)

5. Order and Current number of Sisters - Apostolic Carmel Sisters - 6

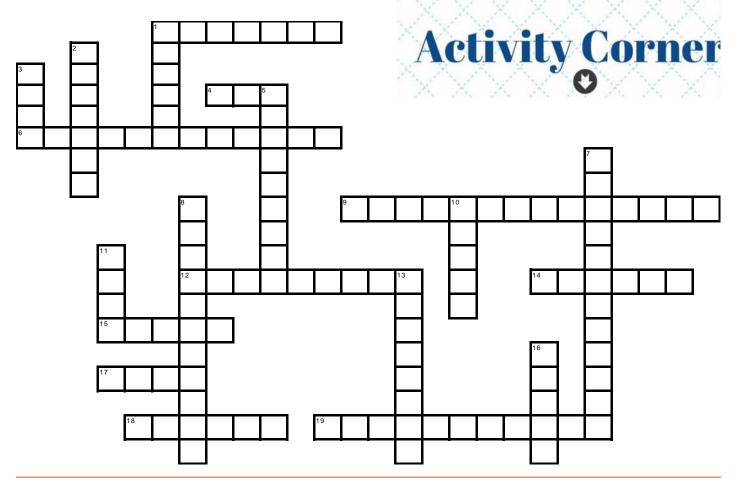
6. No of Communities - 12 (French, Arabic, Malayalam, Tamil, Konkani, Filipino, Telegu, Sinhalese, Spanish, African, Urdu, Bengali)

7. No. of Parishioners - Approx. 140,000 people

8. Oldest Catechism Teacher - Mrs. Florine Mathais (English) / Ms. Lydia (Arabic)

9. What is the name of the Catechism Newsletter - FaithLoveHope





Across	Down
1. A short story that has a strong message.	1. This Book is a collection of poetic prayers and songs.
4. This Book reminds us that suffering is a part of life for	2. An extraordinary event that is beyond human power &
even those who are innocent and faithful to God.	brought about by God.
6. This Book reminds us that God alone can provide	3. A gift from God that enables us to trust in God's promise
lasting happiness.	to be with us always.
9. He was born to prepare the people for the Messiah.	5. The town in Judea where Jesus was born.
12. The work to promote unity among all Christians.	7. A false belief that living creatures or things possess
	powers that in fact they do not have.
14. He was the foster father of Jesus. Saint	8. A sorrow expressed in the form of a poem.
15. All the baptized members of the Church who share in	10. The Hebrew name for the first five books of the Old
the Church's mission to bring the good news of Christ to	Testament.
the world.	
17. The season which is a preparation for Easter.	11. This Book uses images to show the people the need for
	true repentance.
18. He did not believe that the other apostles had seen	13. The apostle chosen to take Judas' place.
Jesus after his resurrection.	
19. The truth that the Son of God, the second Person of	16. It celebrates the victory of Ester who with the help of
the Blessed Trinity became man.	God saved God's people by stopping a terrible plot against
	them.
	Quiz question for the month:
	WHAT IS THE CENTRE OF THE HEART?
BE READY TO STIMULATE YOUR BRAIN	

Email your answers to- shccatechism3@gmail.com

"Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven."



Despite God's eternal love for us, why does war and hatred exist? It is a question, we, who are immensely blessed need to ponder over several times... The answer lies hidden deep in our hearts, and every time we come across it, it persuades us to pray for the suffering children around the world. The Syrian children are one among the many who need our most valuable prayers today.

In Syria, schools lie in ruins, hospitals and refugee camps are under attack, and the shelling continues due to the ongoing conflict in Syria, more than six years after it began. It has become increasingly difficult for Syrians to leave the area, as crucial infrastructure such as bridges and streets lie destroyed. Over 3.7 million Syrians have fled since the beginning of the crisis in Syria. The bloodied, dust-covered faces of Syrian children recovered from the rubble left by airstrikes and chemical weapons have shocked the world.

Children and the youth are victims of the ongoing civil war in Syria. It is estimated that more than 75,000 children are struggling to survive in eastern Aleppo alone, prevented from going to school or even hospital, as both are deemed quite unsafe. They live under constant fear of attack. Starvation levels have reached a point that people are cooking leaves of trees. The water situation is even worse. Nearly two million people in the city have had no access to running water. Children in Syria can't live like children in other countries. No education, no food, no medical facilities... their parents dead. What a frightening situation in Syria?

It is nothing more than the greed of a few...it is a totally different mindset of a few which has caused all the chaos. It's not food or clothes but our prayers that can help God's love reach the persecutors and the simple and poor of heart under their clutches...that they may find the ultimate joy in Christ alone. Prayer is the only solution and a prayer for the redemption of a sinner is the most pleasing to God.

Dear friends, Jesus alone is the comforter for the Syrian children, who are victims of war and violence, who are being mistreated, persecuted, jailed and even shot at. We believe Jesus can save them... Let us offer to His most Sacred Heart the families who shed tears for their children shot dead in front of them... They have no one but us. Let us pray to Jesus, to make us instruments of His peace, that through our prayers He may wash away the mark of poverty and hatred from their tear-filled eyes. We shall be living beatitudes and be called the peacemakers, the children of God.

Richu Liz Rov At times like this... Love, Care, Reaching out, Solidarity, it Doesn't matter what others are Doing it matters what) are doing Prayers; needed the most. 88





Answers in the light of the scripture & teaching of the Church



Our Mother, Perpetual Succour, Intercessor, Virgin and Revered by the Church

Mother Mary

Why is Mary our Mother?	•Because God made her mother of his Son and blessed her as our mother. Also, Jesus gave her to us as a mother "Woman, behold your son! Behold, your mother!" (Jn 19;26)
Why is Mary called 'Perpetual Succor' ?	 Perpetual means 'until eternity', and Succor means 'help'. Because she helps us to keep our souls holy & protects in our deep necessities by interceding on our behalf to God
	•Because during her life on earth. Many appears in the genels as
Why is Mary called the 'Intercessor'?	•Because during her life on earth, Mary appears in the gospels as asking Jesus to support the needy E.g.: Through her intercession He confirms the faith of his disciples at Cana by performing the miracle of transforming water into wine. Hence, she plays the role of Intercessor till we go to heaven
	- Descuse she gave high to leave with Hely Crivit house Codia alay
Why is Mary called 'the Virgin'?	•Because she gave birth to Jesus with Holy Spirit hence God's plan of bringing forth His son is carried without human intervention, and the stain of original sin.
Why do we give reverence to Mary?	•Because of her complete adherence to the Father's will, to his Son's redemptive work, and to every prompting of the Holy Spirit, the Virgin Mary is the Church's model of faith and charity.

Next : Holy Spirit - His work in us!

Mary, give me your Heart: so beautiful, so pure, so immaculate; your Heart so full of love and humility that 9 may be able to receive Jesus in the Bread of fife and love Him as you love Him and serve Him in the distressing guise of the poor." - Blessed Mother Jeresa





St. Augustine's Prayer to the Holy Spirit Breathe in me, O Holy Spirit, that my

Cawer (orner

thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. then, O Holy Spirit, that I always may be holy. Amen

Prayer for Parents

O God, I thank you for my dearest parents who have loved me and cared for me. Be with them and surround them with your presence. Open their hearts to trust your constant care. Help me to show how much I appreciate Strengthen me, O Holy Spirit, to them. Forgive me for the times I have defend all that is holy. Guard me, made them sad. Bless them with good health and happiness. I place them in your hands. Watch over them with tender love. Keep them close to one another. Amen



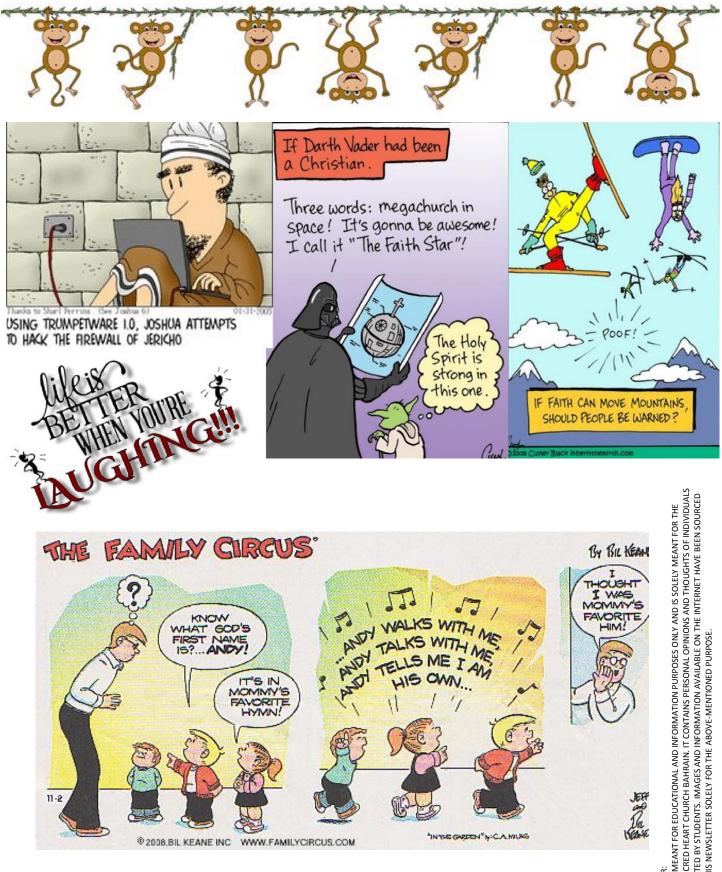


INDUCTION OF YOUTH AS USHERS

CHRISLIN'S FAREWELL

CHILDREN'S LITURGY OF THE WORD-GRADE 1 & 2





Your feedback is important to us! Kindly email your comments, suggestions to Shccatechism3@gmail.com, to help us improve in our next edition. Also send us your summer vacation photos for our next edition.

Have a wonderful holiday. BEST WISHES FROM THE NEWSLETTER TEAM: ALDITA D'COSTA, SUSAN COLIN, SYLVIA CAMPOS, COLIN JOSEPH, VINOD PAIS, DIANA PEREIRA, ANU JIMMY, RAMONA D'COSTA, MARUSHKA PINTO, EKTHA D'SILVA

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